

# pressing wild flowers and leaves

First, find some small wild flowers and a fern or some leaves.



Assemble materials for project: 2 pieces of wood, several sheets of blotting paper for each side, and Velcro strips.



I am using cloth for the layer next to the flowers but this isn't necessary!  
Now, assemble the flowers for pressing. Everything should be an even thickness for best results.



Layer some sheets of blotting paper and wood on each side, close with Velcro strips. PULL TIGHT!



These pictures show materials from the [FLOWER AND LEAF PRESS](#) by [Gabriela Delworth](#). It would be possible to create your own project materials.



After about a week, the flowers are partially dry and definitely flatter!  
They still need one or two more weeks of drying.



Tighten the straps every few days.



When dry, arrange on your card making supplies or other objects, and carefully paint glue on the back of each leaf and flower. Carefully press down. You now have the beginning of a hand-made card or project.



For project ideas, see: [PRESSED FLOWERS AND LEAVES, 12 CHARMING SEASONAL PROJECTS](#) by Gabriela Delworth.